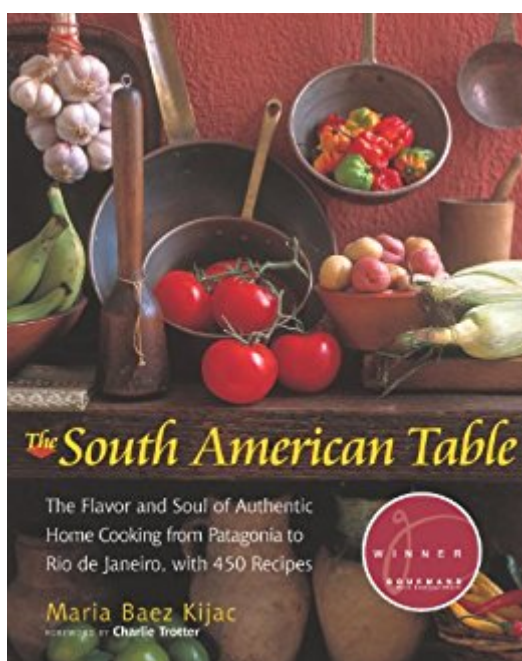


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The South American Table: The Flavor And Soul Of Authentic Home Cooking From Patagonia To Rio De Janeiro, With 450 Recipes (NYM Series)



Synopsis

Award-winning collection of 450 authentic recipes from South America.

Book Information

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Customer Reviews

I don't know much about South American cuisine other than what I've had at a couple of Peruvian restaurants. I bought this book because I needed a good recipe for lomo saltado, a favorite dish of mine. This book met all the requirements I had for South American cuisine and that was a description of S.A. culture and history of their food and ingredients, good reviews, and the lomo recipe. It doesn't taste as good as the dish from my favorite restaurant, but it definitely does a good job satisfying my cravings. I have made the lomo, ocopa arequipenas, and cebiche serrano. All were, in my taste, so amazing.

If you are interested in more than just a collection of recipes, this book is for your! The author gives a sweeping introduction to the geography, history, culture and foods of South America. I'm embarrassed to admit I know very little about this continent, so really enjoyed the introduction. Highly recommended to anyone who likes to know more about the origins of their recipes!

I have LOTS of cookbooks, and I cook all the time. At this point, it's rare that a cookbook isn't 2/3 variations on recipes I have in other cookbooks, I don't mind, it's just what happens when you have that many cookbooks, and actually read and use them...This book has all kinds of new recipes, and although I haven't tried many of them, they all look like they will work and be delicious. It's the same ingredients, but put together in different ways, with one or two new pairings... I am so glad I bought the book, would recommend it highly.

This has a really comprehensive introduction which explains Latin American regional differences in cooking based on the locally available resources and on the merging of preparation methods of old world and new world populations. The introduction alone is worth the price of the book.

I absolutely love this book! I just returned from a month long trip to Ecuador and was thrilled to find many of the local cuisine recipes in this book. I was so pleased with this book that I purchased two more to give as gifts to my traveling companions. So far I have had great feedback from them and highly recommend this cookbook.

This book is way more than just the very best cook book of Latin American food...it's a short history of South America. From the time I opened it, I could not stop reading until I got to the end of the South America background information. I am from Venezuela and loved ALL the recipes. The lack of pictures is not a big deal at all, because the words are totally descriptive. Now that I have this book, I don't see the need for any other.

South American cooking was a mystery to me despite having had a short work visit to Peru. This fascinating book unravels the history and geography of South America and the reader can dip in to any of the multitude of cultures and associated cuisines that make up this amazing continent. I loved finding out more about the Andean cooking using the traditional ingredients.

This was a great deal, the book was a good price, and it is in the condition they said it would be. The recipes look interesting too; no photos but I'm an experienced cook, after fifty years of cooking I should hope so...Anyway I will definitely order more from them.

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